

HARBOR LAKES



FAMILY FUN MONTH: END-OF-SUMMER FUN CHECKLIST

August is Family Fun Month, making it the perfect time to squeeze in a few more summer memories before the season comes to an end. You don't need a big vacation or expensive plans. Sometimes the simplest moments become the ones we remember most.

See how many you can check off before summer says goodbye!

- ☐ Read a new book
- ☐ Try a new ice cream flavor
- ☐ Make S'mores
(National S'mores Day is August 10!)
- ☐ Have a picnic indoors or outside
- ☐ Play your favorite card or board game
- ☐ Mix up a new lemonade flavor
- ☐ Watch a summer sunset
- ☐ Blow bubbles
- ☐ Listen to your favorite songs from years past
- ☐ Share a favorite summer memory
- ☐ Call or visit someone who makes you smile
- ☐ Enjoy a walk or simply relax outside
- ☐ Take a photo to remember the day

Whether you complete one activity or all of them, every little adventure is a chance to make new memories.
Summer isn't over yet!



HAPPY BIRTHDAY

RESIDENTS

Lawanna S.	8/6
Gerri T.	8/15
Cledith G.	8/16
David. K.	8/18
Wanda M.	8/20
Sharon A.	8/21
Cynthia S.	8/22
James A.	8/23
Tinky H.	8/24
Robert W.	8/27
Michael K.	8/28

STAFF

Janel Renner	8/02
Jesse Ortiz	8/10
Rosemary Zuniga	8/12
Amy Amador	8/13
Hannah Golden	8/14
Taya Vasquez	8/18
Haylea Harden	8/18
Palma Norwood	8/18
Bronwyn Thompson	8/24

WELCOME NEW RESIDENTS

Martin S.	Richard S.	Carolyn E.
Joann D.	Deniece E.	Donald L.
Susan J.	Cecil H.	Cora V.
Pamelyn C.	William H.	Betty L.
Robert S.	Ruda B.	Truett H.
James T.	Gregory B.	Joseph P.
Carol K.	Raven W.	Bettie P.
Jeremiah D.	Martha J.	Milan o.
Phyliss W.	Deborah M.	Glenda G.
Teresa R.	Roy W.	Deanna T.
Julia E.	Florentina V.	Dana J.
Patricia P.	Rachael G.	James A.
Larry W.	Harry W.	Bobbie H.
Stanley S.	Robert W.	Albert B.
	Cecelia S.	

A Letter from Jennifer, CMA

Hello! My name is Jennifer, and I've been a Medication Aide at Harbor Lakes for 15 years. I've had the privilege of watching this facility grow and evolve into the wonderful place it is today!

As we welcome August, it's time for back-to-school shopping, getting the kids back into their bedtime routines, and enjoying all the fun the month has to offer. We're excited to host our Back-to-School Bash for our employees' children on August 7th!

Pam never disappoints when it comes to planning fun activities for our residents. This month, we have a water balloon fight, refreshing watermelon treats, the Jaws and Pa's Wheelchair Wash, and many more exciting events planned.

Be sure to keep up with all of Pam's daily activities by checking the calendar posted by the nurses' station. We can't wait to make August another month full of fun, laughter, and great memories!

— Jenna

Fun at Harbor Lakes!

August is packed with sweet treats and fun events at Harbor Lakes! We hope you'll join us for an exciting month of celebrations.



August 3 – National Watermelon Day

Come enjoy some delicious, refreshing watermelon with us!



Every Thursday in August

We're excited to welcome the Granbury Baptist Singers for an afternoon of wonderful music and fellowship.



August 7 – National Water Balloon Day

Get ready for a fun-filled Water Balloon Fight! Be prepared to laugh, splash, and have a great time.



August 14 – Jaws & Pa's Wheelchair Wash

Help us celebrate with our special Jaws & Paws Wheelchair Wash event!



August 18 – National Ice Cream Pie Day

Treat yourself to a delicious slice of ice cream pie as we celebrate this sweet holiday.



August 26 – National Cherry Popsicle Day

Cool off with a tasty cherry popsicle, then test your knowledge during our fun Chicken Trivia game!



August 27 – Senior Culinary Class

Join us in the kitchen as we make delicious peach and cherry turnovers. They're sure to be yummy!

We look forward to making wonderful memories with everyone this August at Harbor Lakes!

ACTIVITY PHOTO HIGHLIGHTS!



Short-Term Therapy Success

ADMISSION & TREATMENT:

Deanna T. is a 77-year-old female that came to us at Harbor Lakes due to metabolic encephalopathy.

Deanna worked with PT on bed mobility, transfers, and balance as well as lower body strength. Deanna had her wonderful husband Thomas that was here daily. OT/PT was able to go over safety and car transfer with her and husband along with caregiver education. Deanna was able to walk 230ft with a rolling walker contact guard assist.

Deanna was able to do Upper and lower body dressing supervision along with toileting.

AT DISCHARGE:

Deanna's progress went well; she worked hard every day to get where she needed.

Deanna was able to do her grooming hygiene indecently as well as supervision for upper body and moderate assist for lower body dressing.

Deanna met her goals. She and husband were happy with her progress that she had made. Deanna was a pleasure to work with always had a story to tell.

Deanna was able to return home and will get home health services.





**1300 SECOND STREET
GRANBURY, TX 76048**

Admissions: 817.437.6921

eFax: 682.285.3062

info@harborlakesnursingandrehabilitation.com

harborlakesnursingandrehabilitation.com

ADMINISTRATIVE STAFF

Calvin Crosby
ADMINISTRATOR

Brittney Dyer
DIRECTOR OF NURSING

Marissa Anzures
DIRECTOR OF TALENT AND LEARNING

Amanda Petty
PAYROLL/RECEPTIONIST

Carrie Lauderdale
ASST. DIRECTOR OF NURSING

Cindy Baldridge
ASST. DIRECTOR OF NURSING

Justyn Dyer
TREATMENT NURSE

Amy Amador
MDS NURSE

Cristi Smith
PPS NURSE

Pamela Gladson
ACTIVITY DIRECTOR

Michelle Grant
MEDICAL RECORDS/CENTRAL SUPPLY

Micah Williams
MAINTENANCE DIRECTOR

Deon Harrison
BUSINESS OFFICE MANAGER

Jessie Ortiz
DIRECTOR OF BUSINESS DEVELOPMENT

Samantha Epps
ADMISSIONS DIRECTOR

Justice Lawson
SOCIAL WORKER

LaQuianta Evans
DIETARY MANAGER

Jennifer Hutson
HOUSEKEEPING MANAGER

Taylor Houghton
STAFFING COORDINATOR/
TRANSPORTATION

Shelly Tidwell-Thompson
DIRECTOR OF REHAB



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

K	N	V	G	Y	S	D	M	F	I	E	K	B	Y	Z
S	A	F	V	M	C	R	C	O	B	L	O	O	F	L
B	D	L	E	G	A	C	Y	S	M	E	L	O	N	V
P	V	Y	V	H	A	S	N	R	B	K	S	K	Q	F
Y	E	J	C	M	W	U	M	M	O	P	P	S	C	U
X	N	N	H	P	F	M	T	E	U	E	R	C	P	V
E	T	L	N	E	B	M	T	L	M	S	J	E	R	U
X	U	A	X	Y	I	E	G	I	T	O	I	J	A	U
Y	R	J	F	M	Z	R	R	E	Y	M	R	C	Q	D
C	E	V	C	H	E	R	I	S	H	W	L	I	K	R
S	K	W	O	P	L	V	Y	H	V	A	B	H	E	Q
C	B	J	H	B	V	G	S	E	N	I	O	R	S	S
E	X	I	S	D	I	V	X	J	I	S	E	B	J	N
L	U	C	K	Y	S	Q	H	K	Q	Z	V	F	D	Y
J	A	U	W	G	V	Z	V	V	E	N	G	B	B	E

WORD LIST

ADVENTURE
BOOKS
CHARM
CHERISH
ELVIS
FUN
LEGACY
LUCKY
MELON
MEMORIES
MUSIC
PENNY
READ
SENIORS
SUMMER