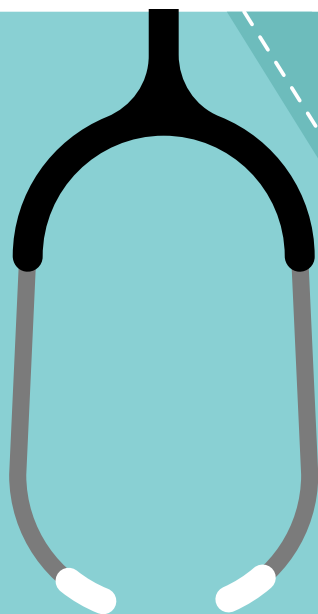


HARBOR LAKES



CELEBRATING THE POWER OF NURSES! NATIONAL NURSES WEEK: MAY 6-12

National Nurses Week is a time to celebrate the incredible impact of nurses and honor the “Mother of Nursing,” Florence Nightingale. The week begins on May 6 and concludes on May 12, her birthday.

The 2025 theme, *The Power of Nurses*, highlights their invaluable contributions and the profound difference they make every day. Nurses provide more than care and medical services—they

bring comfort, security, companionship, and joy to residents and their families. Their dedication enhances lives in countless meaningful ways.

In senior living communities, nurses are the heart of compassionate care. Their skill, kindness, and unwavering commitment create an environment where residents feel safe, supported, and valued. The power of nurses is seen in every comforting word, every healing touch,

and every moment they spend ensuring the well-being of those they serve.

This week, take a moment to show appreciation for the nurses who make a difference. A heartfelt thank-you, a small gift, or a thoughtful gesture can mean so much.

From all of us, we honor and celebrate the remarkable nurses who work tirelessly to help, heal, and uplift others. Your dedication is truly inspiring. Thank you!





HAPPY BIRTHDAY

RESIDENTS

Jerri D.	5/02
Earl B.	5/13
Patricia R.	5/13
Carolyn M.	5/20
Rhonda W.	5/28

STAFF

Brendane E.	5/02
Justice L.	5/05
Jasmin S.	5/08
Carrie L.	5/09
Keldon H.	5/18
Terra W.	5/21
Calvin C.	5/22
Irene M.	5/24
Tiffany D.	5/26
Lily S.	5/28

WELCOME NEW RESIDENTS

LaWana S.	Linda M.
Deanna R.	Teri S.
Elizabeth G.	Carolyn M.
Kenneth C.	Bon B.
Jerry M.	David R.
Macky H.	Olga C.
Bill N.	Sandra S.
Michelle P.	Joan T.
Tenie B.	Vera J.
Diedra C.	Lisa S.
Denzel T.	Mark H.
Henry S.	Joyce H.
Djuana P.	Peggy L.
Judy F.	



Tapestry of Life

NATIONAL SKILLED NURSING CARE WEEK® | MAY 11 - 17, 2025

The 2025 theme for National Skilled Nursing Care Week (NSNCW), *Tapestry of Life*, celebrates the rich and diverse stories that come together in skilled nursing care. Each resident, family member, caregiver, and staff member contributes a unique thread, woven into a shared fabric of resilience, connection, and compassion. Skilled nursing centers are more than places of care—they are vibrant communities where experiences intertwine, memories are cherished, and lives become forever woven together to make it a thriving community.

Now through May 11–17, families, residents, and staff are encouraged to celebrate this theme by weaving together traditions, experiences, and shared moments. Create a memory display with short reflections on paper strips or build a chain story where each person adds a personal touch to a fun, evolving tale. Share favorite songs, reminisce about concerts, and enjoy a group listening session. Spread kindness through small gestures like painting rocks, writing heartfelt notes, or crafting word clouds. Design a patchwork of fabric, photos, or decorated paper to visually capture the connections that unite us. Coming together for a shared meal can also be a meaningful way to bond—enjoying favorite dishes, exchanging stories, and celebrating the traditions that shape each person's journey.

Established by the American Health Care Association (AHCA) in 1967, NSNCW, formerly known as National Nursing Home Week recognizes the role of skilled nursing care centers in caring for America's seniors and individuals with disabilities.

Happy Mother's Day

Be sure to take a moment on Sunday, May 11 to honor moms, foster moms, surrogate moms, grandmothers, aunts, and the other important women role models in your life. Let her know how much she means to you by calling or video chatting. Take her out to lunch, or enjoy an afternoon together to celebrate and express your gratitude.



VISIT FROM A LEPRECHAUN!!



Residents were surprised by this special visit.



A Letter from the Administrator

May is here and Spring has sprung!

May is my favorite month of the year for a few reasons. First reason is the weather, which is almost perfect. You have the bright sunny days with the cool breeze. It is one of the few times you can pull your windows up to feel the cool breeze. May is the perfect time to sit outside in the shade to enjoy the fresh air that Spring brings.

Secondly, the May holidays starting with Cinco De Mayo on May 5th! I love Mexican food as well as any holiday that gives me a reason to eat Mexican food. Maybe, if we're nice to Edgar maybe he will make us some enchiladas for lunch. Cinco De Mayo is followed by National Coconut Cream Pie Day on May 8th. Who don't like pie especially coconut cream pie.

Then of course we have Mother's Day which is Sunday May 11th. Mothers are the special gift that God gave to man to make sure all is good in the world and everyone is loved. I hope and pray May 11th is a special day for mothers everywhere. I hope they received all the love they deserve on their special day!

Finally, May closes with Memorial Day, a day to remember those who dedicated and sacrificed their lives!

– Calvin Crosby, Administrator

Short-Term Therapy Success

ADMISSION & TREATMENT

- Diana Jones 72-year-old female came to Harbor Lakes
- Due to Encounter for surgical aftercare surgery on nervous system. L1-S1 L4-S1 decompression and instrumented fusion.
- Diana was eager to work with us in therapy to be able to get back home.
 - She was able to walk 100-200ft supervision.
 - ADLs she was able to do them with independently.
 - PT/OT worked with Diana on car transfers as well as safety education.
 - Diana had PT/OT services.

AT DISCHARGE

- Therapy worked with her on balance and strength as well as endurance as well as spinal precautions, putting on and taking of back brace.
- Diana progressed very well in therapy services as well as knowing her precautions and use of back brace.
- Walking with rolling walk 100-200ft. Diana also could do 3 stairs with handrail, she did Car transfer independently. We also gave her a home exercise program that he can follow.
- Diana was very pleasant to work with.
- Diana met goals.
- and returned home where she will receive home health services.





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Calvin Crosby
ADMINISTRATOR

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DIRECTOR OF NURSING

Marissa Anzures
DIRECTOR OF TALENT AND LEARNING

Carrie Lauderdale
ASST. DIRECTOR OF NURSING

Cindy Baldrige
ASST. DIRECTOR OF NURSING

Justyn Dyer
TREATMENT NURSE

Amy Amador
MDS NURSE

Cristi Smith
PPS NURSE

Pamela Gladson
ACTIVITY DIRECTOR

Leeann Smelley
MEDICAL RECORDS/CENTRAL SUPPLY

Micah Williams
MAINTENANCE DIRECTOR

Deon Harrison
BUSINESS OFFICE MANAGER

Samantha Epps
ADMISSIONS DIRECTOR

Matthew Curtis
DIRECTOR OF BUSINESS DEVELOPMENT

Justice Lawson
SOCIAL WORKER

Edgar Rodriguez
DIETARY MANAGER

Leora Tiede
HOUSEKEEPING MANAGER

Shelly Tidwell-Thompson
DIRECTOR OF REHAB



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

T	W	C	C	K	K	P	T	P	B	U	K	P	D	G
I	A	E	I	K	C	N	Y	M	V	P	G	F	N	F
V	F	P	U	N	H	E	Y	W	H	T	P	L	K	F
S	E	J	E	K	C	E	L	C	W	F	U	O	Z	B
D	T	R	M	S	W	O	A	E	X	D	K	W	K	R
R	A	R	W	C	T	B	J	T	B	Y	A	E	Y	H
C	H	T	O	P	T	R	I	H	S	R	G	R	T	O
L	N	Z	Y	K	J	K	Y	L	F	B	A	S	I	N
C	P	S	V	I	E	E	Z	V	C	T	F	T	K	O
S	W	O	M	E	N	B	R	E	M	E	M	B	E	R
T	F	T	Y	M	O	T	H	E	R	S	M	C	Y	U
M	M	P	Y	E	F	V	T	N	U	R	S	E	S	G
S	Y	F	R	P	R	E	S	S	U	R	E	W	Q	O
X	G	U	Z	C	O	N	N	E	C	T	C	D	N	V
I	O	P	C	Z	N	Y	C	Q	W	E	A	V	E	I

WORD LIST

CARE
CELEBRATE
CINCO
CONNECT
FLOWERS
HEAT
HONOR
MOTHERS
NURSES
PRESSURE
REMEMBER
STROKE
TAPESTRY
WEAVE
WOMEN